

# Private Equity Returns to Its Roots

## *How Back-to-Basics Value Creation Can Drive Alpha in 2026 and Beyond*

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### **Introduction: A Turning Point for Private Equity**

Equity markets are entering a structurally different era. Public markets sit near record highs, driven by concentration, technical flows and negative equity risk premia — a tough starting point for future appreciation. Private equity, meanwhile, is confronting the end of a decade that ended in 2022 where cheap debt and multiple expansion could substitute for genuine value creation. Returns and realizations have predictably lagged after the interest rate reset in 2022.

In an easy-money environment, many managers effectively subsisted on a “buy high, sell higher” strategy and generated less value from buying well and operational improvements.

The question for 2026 and beyond is not whether private equity will remain relevant, it is which strategy will excel in an environment that looks different than the recent past. The answer, we believe, lies in a return to the roots of the asset class: disciplined buying, hands-on operational improvement and clear, repeatable pathways to liquidity. These fundamentals were central to PE’s earliest successes but were lost sight of during periods of excess against an ultra-accommodative backdrop. We believe a return to fundamentals will define those strategies best positioned to outperform in a world with normalized rates.

In this article (the first in a series about the new private equity landscape), we explore how the asset class should return to its core principles to help deliver excess returns over public markets. These are the same principles that have historically driven returns in the private equity industry, except for the 2010–2022 period.

## The Market Backdrop: Public and Private Equity at a Crossroads

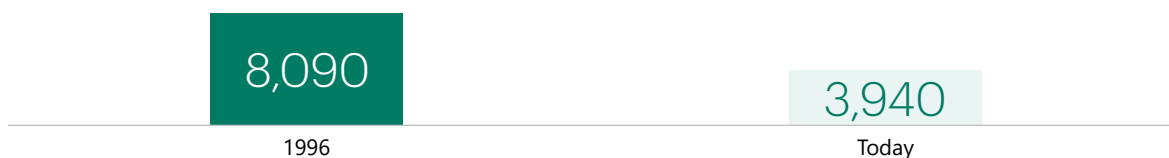
On the surface, public equity markets appear healthy. In reality, these markets are defined by a shrinking opportunity set, narrow leadership and returns driven by the reflexivity of index investing, which pushes up the valuation of the largest companies:

- The number of public companies has been cut in half over two decades, shrinking the investable universe.

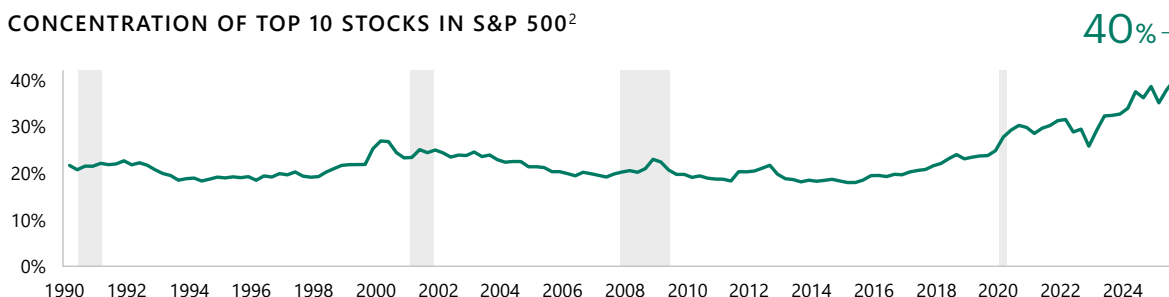
- Each year, more companies are removed from the public markets than are added.
- The top 10 stocks in the S&P 500 represent 40% of the benchmark's market cap, a historic high.
- Passive flows dominate price action, amplifying crowding and reducing the role of fundamentals.
- The vast majority of public equity fund managers have struggled to outperform their benchmarks.

## Public Markets Are Facing Structural Challenges

NUMBER OF US-LISTED PUBLIC COMPANIES<sup>1</sup>



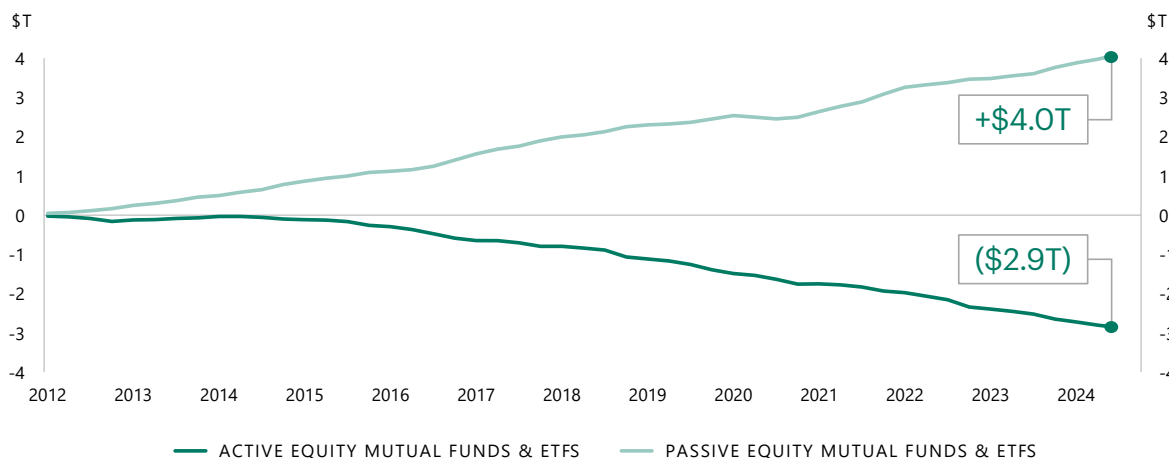
CONCENTRATION OF TOP 10 STOCKS IN S&P 500<sup>2</sup>



1. Sources: World Federation of Exchanges, World Bank, as of August 2025. 2. Sources: Bloomberg, Apollo Chief Economist, as of December 2025.

## Passive Flows Are Dominating Price Action and Crowding Markets

CUMULATIVE EQUITY FUND FLOWS SINCE 2012<sup>1</sup>



1. Note: Reflects BI ETF data on a cumulative basis from 2012 through Q3 2024. Sources: Bloomberg, Russell and S&P

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These are not cyclical quirks but long-term secular trends away from active management and towards index investing. While indexation has benefited investors with lower costs, it has also distorted price discovery and fundamental valuation.

Private equity investing has changed just as dramatically. A decade of ultra-low rates allowed many managers to rely on expanding multiples, cheap leverage and buoyant exit markets. We believe that era has ended. Higher financing costs, slower exits and a recalibration of pricing power have revealed which managers depended on beta versus those whose returns stem from operational value creation, along with shrewd asset sourcing and selection. In that environment, financial engineering often played a larger role in driving returns than hands-on operational improvement. A carve-out, a strategy in which an underperforming business is separated from a parent company and repositioned as a standalone enterprise, historically exemplified the asset class's operational roots. As financing costs have risen, exit markets have slowed and pricing power has recalibrated, the distinction between managers who generate returns through operational value creation and those more reliant on favorable market conditions has become increasingly apparent.

*“The next 10 years will look significantly different from the last 15 — an era buttressed by a zero-interest-rate policy and multiple expansion.”*

—Bain & Company, Global Private Equity Report 2025

Going forward, can private equity get back to the fundamentals that made investing in the space different and value-additive? Traditionally, private equity emphasized long-term value creation and operational efficiency improvements outside the constraints of quarterly public market reporting and short-term performance pressures.

<sup>1</sup> Source: Morgan Stanley Research. Digging into the DPI Drought. June 2025.

<sup>2</sup> Source: McKinsey Global Private Markets Review 2024. Represents total return for buyout deals that were entered in 2010 or later and exited in 2021 or before.

<sup>3</sup> Note: Private equity includes buyout, growth/expansion, diversified and turnaround funds across vintage years from 2005-2019. Data (20-year IRRs) as of December 31, 2024. Source: Preqin

## The Myth of the Last Cycle: Why Many Managers Are Struggling

One fact captures today's challenge: since 2018, capital calls have exceeded distributions by roughly \$1.5 trillion.<sup>1</sup> The effects are clear: exits are slow, DPI is depressed and fund lives are stretching significantly beyond the expected 10-year terms, dragging down IRRs.

These pressures reveal structural weaknesses in the industry:

- **Overreliance on leverage and rising multiples**

From 2010–2021, approximately 66% of value creation came from leverage and multiple expansion, factors beyond a manager's control and thus beta.<sup>2</sup> High entry prices and aggressive capital structures worked, until rates normalized.

- **Constrained exits and misaligned pricing expectations**

Buyers can underwrite less leverage; sellers are still anchored to peak-cycle valuations. The bid-ask gap has frozen deal-making and extended hold periods, as managers with unrealistic valuation expectations are forced to hold assets longer to grow into target return multiples.

- **Lack of true exits**

Many firms are leaning into continuation vehicles, secondaries and hybrid structures to engineer liquidity rather than generate it through fundamental value creation.

These challenges are not temporary. They are symptoms of a regime shift, one that exposes managers without a true value creation engine. The dispersion between top and bottom quartile funds now exceeds 25 percentage points — a sign that private equity is no longer a rising-tide-lifts-all-boats industry.<sup>3</sup>

## A Winning Strategy Today Resembles the Past

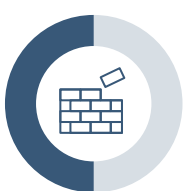
In our view, the firms that will outperform in 2026 and beyond will do so by reclaiming the practices that defined private equity's foundational decades: buy well, control the controllable, make fundamental improvements to a business and look to return capital early and often.

## A Repeatable Playbook for Value Creation



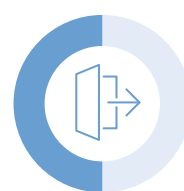
- ▶ Repeatable process
- ▶ Flexible structures
- ▶ Low purchase multiple
- ▶ Less leverage
- ▶ Core focus industries
- ▶ Proprietary sourcing

ALPHA ON THE **BUY**



- ▶ Operational improvements
- ▶ Sales growth initiatives
- ▶ Capital structure improvements

ALPHA ON THE **BUILD**



- ▶ Plan exit from the start
- ▶ Early return of capital enhances flexibility
- ▶ Multiple exit pathways

ALPHA ON THE **EXIT**

For illustrative purposes only.

### Buy Intelligently

Purchase price is once again the dominant driver of returns. Managers often succeeding today share several traits:

- They source complex, bilateral or off-cycle opportunities where competition is limited.
- They avoid overpaying for assets. Purchase price matters. It has a significant impact on how long it takes to exit an investment, and the value ultimately realized at exit. This relationship is illustrated in the Daily Spark, “[Buy Low, Sell High Is a Superior Strategy](#),” by Apollo Chief Economist Torsten Slok, and in the chart below.
- They use leverage prudently to preserve interest coverage ratios and enhance free cash flow.

In an environment where valuations remain high and debt is more expensive, disciplined buying is not defensive, **it is alpha**.

### Build Through Operational Value Creation

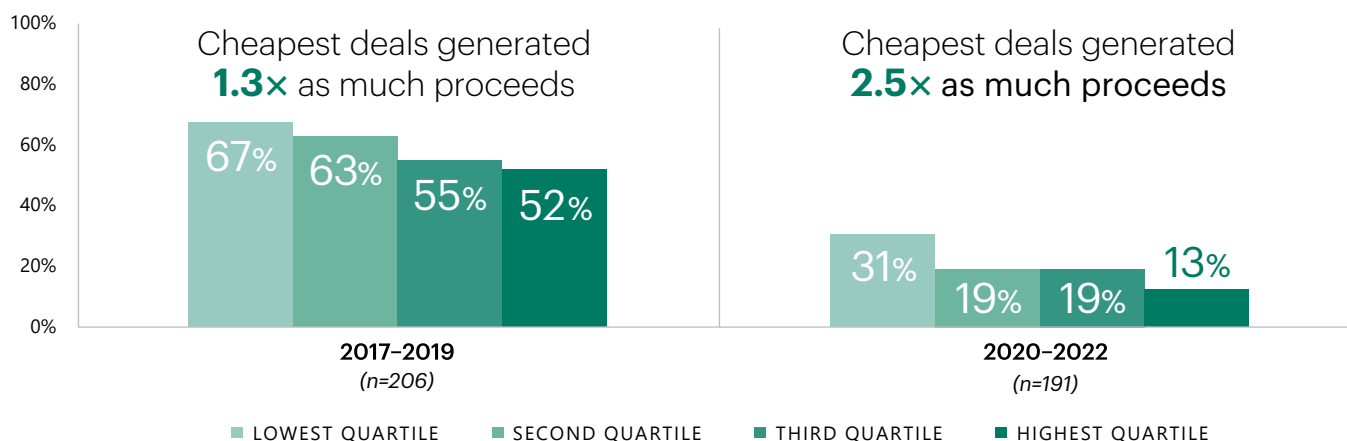
Cheap leverage can no longer mask a weak value creation capability. Leading managers distinguish themselves by how they operate:

- Develop detailed value creation plans upfront.
- Deploy operating teams focused on speed of execution and purpose-built to deliver on the investment thesis.
- Use M&A selectively to build scale and strengthen competitive positions.
- Actively manage capital structures to support growth, preserve downside protection and return capital early.

### Buy Low, Sell High Is an Effective Strategy

#### BUYOUT EXIT RATES BY EV/EBITDA MULTIPLE QUARTILE AT ENTRY

Percentage of deals exited



Data as of September 2025. Sources: PitchBook, Apollo Chief Economist

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## Flexibility Is Key to Liquidity



Public  
Markets



Sale to  
Strategic Buyer/  
Financial Sponsor



Dividends /  
Recapitalizations



Debt-Related  
Proceeds

For illustrative purposes only.

### Exit with Flexibility and Focus

While there has been some recovery in private equity exit activity, volumes remain well below five-year averages.<sup>4</sup> Even if exit volumes normalize, the backlog of assets needing to be sold is so significant that distribution yields, as a percentage of assets held, are unlikely to normalize as well. In a constrained exit environment, liquidity becomes a strategic capability. Leading firms typically approach exits with discipline and flexibility:

- Underwrite multiple exit paths from day one.
- Pursue early capital return where possible via minority sales, dividends where leverage levels can be maintained and creative opportunities to arbitrage entry multiples (e.g., sale and leasebacks).
- Look to drive returns from fundamentally improving a business rather than counting on high multiples. Lower dependence on multiple expansion provides greater exit optionality.

Firms generating strong DPI today are distinguished not by perfect market timing but by flexible, multi-channel liquidity strategies.

### Conclusion: The Future of PE Belongs to Those Who Reclaim Its Past

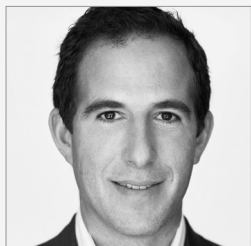
Private equity stands at an inflection point. We believe the era of easy money has ended, and with it the illusion that overly simple strategies like buying good companies at any price can reliably deliver alpha. Over time, private equity has distinguished itself from public markets through active ownership and long-term value creation, often in environments far less accommodating than the one that just passed. Private equity has a way of reinventing itself and, this time, that reinvention is just a return to fundamentals and the original promise of the asset class: to buy intelligently, improve relentlessly and return capital through disciplined, flexible execution.

The managers we believe will outperform in 2026 and beyond will not be the ones chasing beta or momentum. They will be those returning to the craft: the builders, the operators and the investors for whom value creation is not a buzzword but a repeatable system.

Private equity's path forward is not new. It is a return to its roots.

<sup>4</sup> Source: Bain & Company Global Private Equity Report 2025

## ABOUT THE AUTHORS



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Mr. Sambur is Partner, Co-Head of Private Equity and Head of Equity at Apollo, where he also oversees the firm's real estate, secondaries and impact strategies. He is also a member of the firm's Leadership Team.

Throughout his career, Mr. Sambur has led numerous investments across technology, media, gaming, hospitality and travel and currently serves on the board of directors for Hilton Grand Vacations, Shutterfly, the Venetian Resort and Yahoo, among others.

Prior to joining Apollo in 2004, Mr. Sambur was a member of the Leveraged Finance Group of Salomon Smith Barney Inc. Mr. Sambur serves on the Board of Trustees for the Dalton School and the Jewish Museum of New York. He is a graduate of Emory University and currently serves on the Emory College Dean's Advisory Council.



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Matt Nord is a Partner, Co-Head of Private Equity and Head of Hybrid at Apollo. He is also a member of the firm's Leadership Team and the Apollo Women Empower (AWE) affinity network. Throughout his career, Mr. Nord has led numerous investments across the technology, healthcare and business services sectors and currently serves on the board of directors of Lifepoint Health. Prior to joining Apollo in 2003, he was a member of the Investment Banking division of Salomon Smith Barney Inc.

Mr. Nord serves on the Montefiore Health System Board of Trustees, the Board of DREAM, the Board of the Rock and Roll Hall of Fame Foundation and as the Chairman of the Board of Advisors of the University of Pennsylvania's Stuart Weitzman School of Design. Mr. Nord graduated summa cum laude from the University of Pennsylvania's Wharton School of Business with a BS in Economics.



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Prior to joining Apollo in 2008, Mr. Munfakh served as an Associate at the private equity firm Court Square Capital Partners, where he focused on investments into the Business and Industrial Services sectors. He started his career as an Analyst in the Financial Sponsor Investment Banking group at JPMorgan. He is a graduate of Duke University.



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